THE LIBRARY OF RADIANT OPTIMISM FOR LET'S REMAKE THE WORLD

Brett Bloom & Bonnie Fortune

THE LIBRARY OF RADIANT OPTIMISM FOR LET'S REMAKE THE WORLD

We started the Library of Radiant Optimism for Let's Remake the World as a way to catalog the optimistic, visionary, and radical activities from the counterculture of the 1960s and 70s. Our collaborative discussions developed from the community around Chicago's experimental cultural center, Mess Hall, which shares a similar culture to that written about in many of the library books. We gathered together books that embrace grass roots exchange of information and themes of self and community empowerment, whose authors were interested in communicating the knowledge they gained from their own experiments and lived experiences. We were excited to read about practical applications of optimistic ideas for radical change, and to continue putting our own ideas into this tradition.

We saw parallels between the cultural and political climate of the time when the books were made and current global conditions, and took inspiration from the ideas contained within each book in the library. We continue to face many of the same problems that confronted the selected authors – ideological wars, energy crises, environmental devastation, destructive global capitalism and more. The hopeful quality of these books encourages us in strengthening our own movements. Written in the form of how-to manuals with the explicit intent of building a new society of optimistic resistance, the books convey a willingness to try new things both small, like designing a chair from cardboard (Nomadic Furniture, page 20), and large like creating an enclosed system that processes human waste and produces food for plants, which feed fish that humans can then eat (The Book of The New Alchemists, page 6). These projects and more create a conversation of ideas, which give us hope as we go through our experiments; some things will not work, but the diversity of investigations in living creatively means that more possibilities for intelligent solutions will appear.

- Brett Bloom and Bonnie Fortune, January 2013

TABLE OF CONTENTS

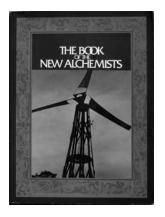
The Book of the New Alchemists	3
A Bucket of Oil: The Humanistic Approach to Building Design for Energy Conservation	4
Charas: The Improbable Dome Builders	5
Culture Breakers: Alternatives & Other Numbers	6
The Cunt Coloring Book	7
Domebook 2	8
Earthworm II: Community Directory	9
Environmental Design Primer	10
Garbage Housing	11
Getting Clear: Body Work For Women	12
Guerrilla Television	13
Handbuch für Lebenskünstler	14
Hey Beatnik! This is the Farm Book	15
How To Build Your Own Living Structures,	16
Inflatocookbook	17
The Journal of The New Alchemists,	18
Modern Utopian: Up-Dated Directory of Communes	19
The New Woman's Survival Catalog	20
Nomadic Furniture	21
Nomadic Furniture 2	22
A Pattern Language – Towns • Buildings • Construction	23
Pedal Power in Work, Leisure, and Transportation	24
Radical Software	25
Radical Technology	26
The San Francisco, Bay Area People's Yellow Pages: Number Four	27
Shelter	28
Space City!	29
Spaghetti City Video Manual	30
Spiritual Midwifery	31
We Are Everywhere	32

THE BOOK OF THE NEW ALCHEMISTS

Edited by Nancy Jack Todd, E. P. Dutton, 1977, 174 pages, paperback, ISBN: 0-525-47465-X

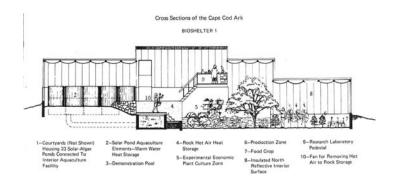
A few years ago, a small group of artists, scientists, and thinkers concerned about the rapidity of the Earth's destruction and the impending disintegration of social and moral values, joined together to form an organization with a name of peculiar significance for our time. – The New Alchemy Institute

The Book of the New Alchemists is a document of a living experiment begun in 1969 by a group of people concerned with what they saw as an approaching ecological crisis. Eschewing the unsustainable in the dominant culture, they chose to drop out and create a micro-culture and economy with their own radical methods. This book is a document of their optimistic experiment in self-reliance.



We like this book because it has important analyses of the dangers of pesticide use on crops, beginner's accounts of composting, poems, manifestos, and a chapter on women and ecology. It provides loads of information on how to build your own bio-shelters and aquaculture systems. Their analysis of the human relationship to the earth, presented in a personal and direct manner are interspersed with art and poetry to make for an engaging and unifying experience.

The New Alchemists created and documented their use of "Living Machines." Based on the environment of wetlands, Living Machines are sophisticated microecosystems that do a variety of functions simultaneously. The Living Machines process human waste as food for microorganisms in water containers, the waste of the microorganisms serve as food for vegetables and fish that humans can eat. The New Alchemists used aquaculture and created bio-shelters – systems that people lived with and in – that were sensitive to the needs of the plants, animals, and environment that everything shares. This is interesting because it places humans back into the ecological cycle rather than trying to manufacture or design a solution to a problem derived from the very sources of the problem.



A BUCKET OF OIL: THE HUMANISTIC APPROACH TO BUILDING DESIGN FOR ENERGY CONSERVATION

By William Wayne Caudill, Frank D. Lawyer, and Thomas A. Bullock, Cahners Books, 1974, 88 pages, hardback, ISBN: 0-8436-0126-4



This book is a chilling echo of our own times. It is a clear reminder that we have not progressed as much as we have needed to - in developing new energy sources and architectural designs - since the time it was written. The authors were deeply concerned about the energy crisis the country was going through and the amount of ecological devastation that people were unleashing on the natural world due to energy consumption. The forward to the book states:

Despite warnings over the years from high places the energy crisis shocks us all.

Typically we react by clamoring for more, bigger and different sources of energy. For the first time we start seriously to explore the heat of the sun, the power of the winds and the rains, the warmth of the earth, the chemistry of the atom - wherever we may find and capture energy from sources available, renewable, and infinite. (Page 3)

With this book we get an interesting glimpse at a time of growing awareness of possible alternatives to non-renewable fuels. This books stares the looming disasters in the face with a bold optimism that inspires us. The authors, expe-

rienced architects, offer a range of solutions to conserve energy, make buildings more attuned to the natural world, and to think differently about how we conceive of architecture. They are interested in design solutions that provide quality experiences for building inhabitants while simultaneously reducing energy consumption and waste. They write:



Energy, people, buildings. That's what this book is all about. Throughout you will find these underlying premises: 1) Buildings today waste energy; 2) through proper design the wasted energy can be saved; 3) energy shapes buildings; 4) buildings shape the way people live, work and play; 5) energy can be saved without sacrificing esthetic and human values. (Page 8)

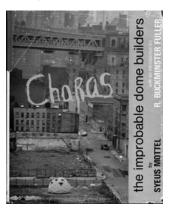
There are many drawings, diagrams and photographs throughout the book that readily demonstrate the authors' ideas. The authors pay close attention to how a building interacts with a site as well as how buildings fit into an overall landscape and urban plan.

CHARAS: THE IMPROBABLE DOME BUILDERS

By Syeus Mottel, Drake Publishers, Inc., 1973, 191 pages, hardback, ISBN: 0-87749-490-8

The book documents a Lower East Side community and their struggle to build a geodesic dome in the early 1960s against the backdrop of New York City street life and systemic racism. Several men who would become Charas members were involved in gangs and moved in and out of prison while watching friends and loved ones succumb to drugs and violence.

Two of the founders were inspired by Lyndon B. Johnson's Great Society plan which sought to eliminate poverty and racial injustice in America. They joked that they would start the "Real Great Society" in their neighborhood. The joking led to long discussions drawing in friends and neigh-



bors in an apartment space on East 6th Street. Finally, the group was able to obtain the entire building as a meeting and organizing place to launch the Real Great Society in earnest. Much of what the Real Great Society project was about was developing community autonomy through self-directed economic and education projects. The project managed to form several businesses and set up several storefront schools for teaching reading and basic math in East Harlem and the LES.

This project brought national attention. Despite its initial successes the group continued to do research and work toward finding the answer to affordable housing. This led them to contact Buckminster Fuller. Fuller came and spoke at the Real Great Society loft to a rapt audience. This meeting led to the formation of Charas, committed to implementing Fuller's ideas for housing in their community.

The original idea was to build a dome in upstate New York so that city dwellers could experience fresh air. Budgetary constraints forced the group to begin building on an abandoned lot in the city. The group worked closely with Fuller's assistant Michael Ben Eli, a PhD student in London at the time who often traveled with Fuller. In a strange collapsing of scale, Ben Eli commuted from London to the LES to teach the Charas members and friends about the applied geometry of dome building. Several Charas members had not graduated from high school and had a skeptical attitude to teacher student relationships. According to the book, there was a long period for Charas members and Ben Eli as the learned to communicate with each other. The commitment to the idea finally led to the building of a dome.

Marriage, childbirth, death, and the need to work to support families form the backdrop of the Charas story to build a dome house. The process as described in the book is long and arduous and the dome house does not clearly produce lasting change in the community. Rather the process initiated by the former gang members of creating alternatives to poverty and the violence of street life through collective work is the most salient aspect of the book. The book includes an introduction by Fuller and plans for dome building in appendix. Domes were a touchstone for liberation through design, and captured the imagination of many people; this is one of the more interesting stories of their impact on radical culture.

CULTURE BREAKERS: ALTERNATIVES & OTHER NUMBERS

Ken Isaacs, New York: MSS Educational Publishing Company, 1970, 190 pages



Ken Isaacs an architect and former design educator, is a self-described survivalist "concerned with the survival of all people." This book describes designs for living lightly on a small planet. In *Culture Breakers*, Isaacs presciently draws attention to shrinking polar ice caps and makes connections between the ways our living spaces affect how we survive in the world. Isaacs, concerned with ecology, considers how design can be more integrated into systems that function together.

But, Isaacs' main focus in *Culture Break-ers*, is just that: breaking culture. He pres-

ents several plans for breaking down "old culture" so that people can be free to experience new ways of thinking. His designs for living and configurations of images are "culture breakers" meant to free individuals from traditional ways of learning, thinking, and experiencing the world. The book includes sketches of several of his "space framing" designs, like the "Microhouse" and the "Knowledge Box". The basis for all of his designs is the "Matrix" network, which is a modular system of squares that can be built from off-the-shelf materials, like steel piping, wood, or bamboo. Matrix designs can be quickly framed up to make indoor and outdoor 'living structures' to provide both shelter and a different way of organizing small spaces.

Isaacs ultimately hoped to change the way people learned and thought. This is most apparent in the later half of the book when he discusses his plans for the Knowledge Box, a cube with an external projection system that submersed participants in a room full of images. An earlier version of the submersion system was the "Pholage" – a neologism combining photography, montage, and collage. Isaacs collaged photographs, unedited, into a small space with the intention of changing the way a viewer makes connections in her mind about society and the human condition amidst a jumble of information.

In his quest to break culture, Isaacs moves from the static Pholage to the moving image. Focusing on how space shapes our thinking, he includes designs for mobile structures that can shift consciousness, like the Torus 1, a long modular tube that when installed will allow for slide and film projections on four walls, finally settling on the streamlined cube of the Knowledge Box design with projections surrounding participants. The Knowledge Box design, that concludes the book, is an extension of the "Space University," an immersive educational system where students could be surrounded with ideas.

Culture Breakers focuses on the way spaces shape our consciousness and can encourage or hinder the way we learn and relate. Isaacs takes on daily living spaces and ultra-specialized learning environments in his vision to make a new world. This book is a gem: come for the beautiful design sketches and stay for the utopian ideals.

THE CUNT COLORING BOOK

Drawings by Tee Corinne (self-published in 1975), Re-print by Last Gap, 1988, 48 pages, paperback. staple-bound, ISBN-13: 978-086719-371-8

The Cunt Coloring Book by artist Tee A. Corinne translates her detailed drawings of vulvas and labia into graphic, colorable, black and white images. The book was first published in San Francisco in 1975, and has since been reprinted several times (our copy is a reprint). Corinne began to create the drawings as she was coming out as a lesbian and a feminist. She did the drawings in private, at first sketching her own labia, but in 1973 began attending consciousness-raising style workshops with other women and drawing anyone who would pose for her. Corinne believed that "reclaiming labial imagery was a route to claiming personal power for women."



The Women's Health Movement, concurrent with

the Women's Liberation movement, worked to change the power dynamic between women and their health care providers, among other political goals including the right to a safe and legal abortion. The movement used many tactics from public demonstration to self-cervical examinations, but a large part of the women's success was changing the doctor-patient discourse by researching and writ-

ing their own health guidebooks and informational pamphlets. Perhaps the most well known of these books is *Our Bodies, Ourselves* by the Boston Women's Book Collective. A unique component of the Women's Health Movement literature rooted firmly in the do-it-yourself/self-knowledge/self-education paradigm was the inclusion of their own medical illustrations. Medical diagnosis privileged the visual understanding of women's bodies, and women activists, reclaimed the power in seeing how they saw their own vulvas and cervixes in consciousness-raising groups and sharing their findings in self-published texts.

Corinne's liberatory artwork is an example of these larger trends in the Women's Health Movement that were part of the national political and social climate. Her project, like many women's health groups, sought a physical understanding and celebration of the female body. Corinne, aware of the importance, even in an art work for questioning how we get information, and who



controls it, says of *The Cunt Coloring Book* that she, "liked the idea of combining a street term for genitalia with a coloring book, because both are ways that, as children, we get to know the world." Check it out alone or with a friend!

DOMEBOOK 2

By Llyod Kahn, Pacific Domes, 1971, 128 pages, over-size paperback, ASIN: B000H02IU8

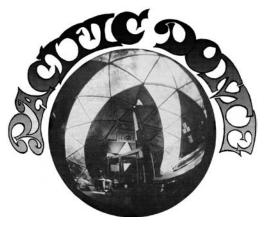


A dome is just a portion of a sphere. Lloyd Kahn is at it again, with *Domebook 2*. Kahn's seminal book *Shelter* (page 28) was one of the original inspirations for our library project. He says about the Domebook, "It's much easier to build, than it is to write about it." True to this sentiment Domebook contains over 100 pages of beautiful images and illustrations with brief and clear instructions – both written and drawn – and conversations about inspirations for building shelter out of domes. Buckminster Fuller, the key thinker behind Kahn and others' fascination with dome building, gave away his original design for what he called the Sun Dome in the May 1966 issue of Popular Science. The plans, after Fuller improved them, were later sold for \$5 by the

magazine. Fuller's geodesic geometry was built with mathematics, wood scraps and staples; a model that Kahn took up with a passion, continuing the meme with Domebooks 1 & 2, building domes around California.

Domebook 2 was written after many years of personal research with groups of people from the high school students and teachers at Pacific High School in California to the radical arts group Ant Farm, known for the inflatable structures

(Inflatocookbook, page 17), to willing friends who wanted to experiment with their living situations. "Make models," words of wisdom and encouragement from Kahn and friends. The group made multiple models before building their domes. The many domes that are included in the book were built in varied landscapes with materials from wood paneling, polyethylene, vinyl, Plexiglas, hot glue, bolts, and even red wood scraps and staples. The book notes that people have built shelters for thousands of years using the materi-



als at hand inspired by "architecture of necessity." Kahn laments that most likely too much money was spent on the creation of domes out of man-made materials, when a sufficient shelter could have been built from more local and inexpensive material. Despite the truth in this statement, the designs in this book built with a "blueprint of mathematics" are about a shift in consciousness around ideas of joy, authorship in architecture, and creative use of space.

Editor's Note: Previously, we provided a PDF of this book on our website, but we received a request to stop distributing it from the author. Mr. Kahn no longer advocates that people build domes as there are too many architectural problems.

EARTHWORM II: COMMUNITY DIRECTORY

By The Free Prairie Community, 1973, 52 pages, staple-bound

This is a community directory for an underground network of groups, spaces, publications, and stores for a Central Illinois community of radicals, mainly centered in Champaign-Urbana, Illinois. Publications like this one, self-published and distributed through underground networks, were an important component of spreading information and organizing.

Guides like this show how movements happen and spread. The earthworm II: community directory details what its producers call the Free Prairie Community (FPC), which for the amount of distance the groups cover is surprisingly diverse. The groups, which all fall loosely under the FPC um-



brella, listed in the guide purport to cover issues from gay liberation, independent media, both press and video, art and food co-operatives, drug recovery, alternative learning sites, daycare, and environmental issues, among other things.

The authors of *Earthworm II: Community Directory* had a space in Champaign-Urbana, in the early 1970s. They published this book to show that the various groups and spaces in their small community were actually working towards greater social change. They articulated five points about what the FPC entailed or could become:

- "[N]o one can be in it for the money" or making money must support the community and not be for individual gain.
- Collective decision-making was prioritized.
- The FPC instituted a community tax and everyone in the directory was required to pay the tax, or barring that to exchange a service.
- If you are not in it for "the right reasons," even if your group meets the first three points, then you are not considered a part of the Free Prairie Community.

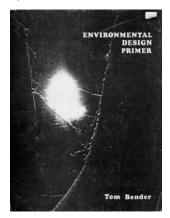


• At the time of publication, they were beginning to articulate a self-imposed tax of 1-4% for each group that was a part of the FCP that would go into a community fund. Participation would both provide funding for their alternative society and also demonstrate who was truly invested in this idea.

This community of young, mostly white people, trying to build an alternative to the dominant culture didn't last long, but remnants can still be seen around Champaign-Urbana today. We currently live in Urbana, so this book has added significance to us. What also makes it interesting to us is its earnest and awkward working through of ideas and notions of community in such a public way.

ENVIRONMENTAL DESIGN PRIMER

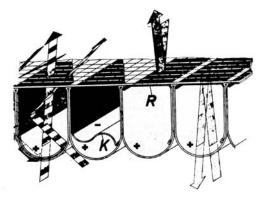
By Tom Bender, Schocken Books, 1976, 207 pages, paperback, ISBN: 0805205136



Tom Bender is an architect who was at the fore-front of the sustainability movement. This book, published in 1973, is a scrapbook collection of musings, quotes, images, and philosophies culled from a myriad of sources. The book is a starting place for Bender's personal investigation of how we can live lightly, in harmony with the planet. The book is a relevant document of thoughts in the environmental and sustainability movements of today, and it is easy to get lost in the wandering collage like style of the book's design.

WE SEEK A LOWER STANDARD OF LIVING FOR A HIGHER QUALITY OF LIFE.

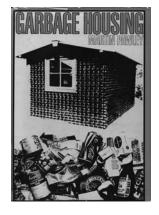
Using small amounts of energy to value the larger flows of energy moving always through our surroundings is the basis of techniques developed in Germany by N. Laing for air-conditioning and heating pneumatic structures. With his techniques, pneumatic structures which are notoriously hard to heat and cool) have been able to maintain freezing temperatures inside when located in a desert, and maintain normal room temperatures in the Arctic—all by merely valuing the sun's energy falling on the structure. Flap values in the shin of the structure change the skin from transparent to reflective to keep the heat in or out, or to let it pass through. Similar kinds of devices, though designed for entirely different construction, have been developed by Harold Hay for heating, cooling, making ice, distilling water, etc. on the roof of a desert house.



GARBAGE HOUSING

By Martin Pawley, Krieger Publishing Company, 1975, 118 pages, hardcover, ISBN: 0470672781

Industrialized global capitalism has failed to provide affordable housing for everyone. Yet, it is possible to get carbonated soft drinks in aluminum cans into the hands of millions of people worldwide. Martin Pawley looks at this conundrum and rightfully asks how we could let this happen. He demands that we ask more of the consumer goods we make, that we learn from them to address all the problems that our consumer culture has generated. His solution to housing crises is to build dwellings out of garbage – to design our garbage to better accommodate the housing needs of those left out of consumer society's benefits. This book is captivating. It investigates the use of cast off materials in the slums of Chile. An entire chapter is devoted to the Heineken World Bottle



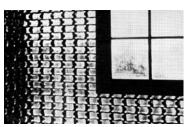
(WOBÓ). In 1960, Alfred Heineken created the WOBO – interlocking and selfaligning bottles – to hold his well-known beer for Caribbean consumers. Once the bottle was emptied, it could be used to build a shelter. The WOBO demonstrates what Pawley refers to as "secondary use," that is, everything we design should be made with further uses in mind.

ABOVE: A test house made from the bricks is depicted on the cover of the book.

RIGHT: The final WOBO design [top left] of which 100,000 were produced in two sizes. The bonding system [top right] used mortar with a silicone additive and the horizontal laying positions facilitated corner details [bottom left] which now came to resemble those of a traditional log cabin [bottom right].

(Garbage Housing, pp. 28-29)

BELOW: Interior view of house.





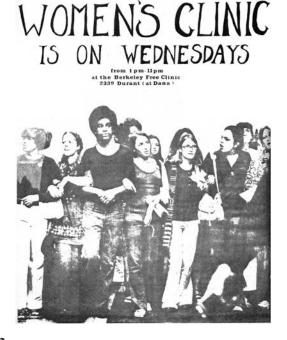
GETTING CLEAR: BODY WORK FOR WOMEN

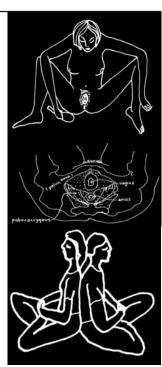
By Anne Kent Rush, Random House, 1973, 290 pages, paperback, ISBN: 0+394-70970-5



Written from the women's liberation perspective of the 'personal is political' *Getting Clear* encourages women to get to know themselves by getting to know their bodies. It is a women's health book advocating self-education and self-healing. The book encourages the practice of yoga, massage, talk therapy, and spending time with other women to generate personal energy, which can translate into activism. Rush writes as if she is in a rap session at her women's group. It is important to note this language because consciousness-raising groups were an influential element to spreading ideas of women's liberation. Rush explains consciousness raising groups: what they are, what a typical session sounds like, and how to start your own.

The book documents a time when many women worked to generate knowledge about their bodies and their lives, thereby gaining power over the medical and political discourse surrounding their reproductive and emotional health. Rush's book operates on a personal level advocating knowing one's body to know oneself, but it also operates on a larger scale with the power of collective voices generating collective knowledge.



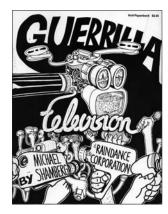


GUERRILLA TELEVISION

By Michael Shamberg & Raindance Corporation, Holt, Rinehart & Winston, 1971, 108 pages, paperback, ISBN: 0-03-086735-5

The Portapak revolution has arrived and You are the information! Sony introduced the Portapak video camera in 1968 and this book brings together the counter-culture's response to this new technology. Michael Shamberg was part of the Raindance Corporation video collective created to respond to the possibilities of portable video and to be an alternate culture think-tank. Raindance also published the magazine Radical Software (See page 25).

Guerrilla Television is a book about the creative potential of information exchange networks. It is perhaps the one Library book where much of its ideas are actually seen in active practice today with the rise of the Internet. It is critical of both domi-



nant media and typical radical responses to new technology such as the hacking of broadcast networks advocated by Abbie Hoffman. "True cybernetic guerilla warfare means re-structuring communications channels, not capturing existing ones," says Shamberg. He describes a time of technological evolution, commenting on the dominant culture's attachment to the product-based economy and the 'hardware' required to produce products, we are now in a 'process-based econ-



omy' where software allows us to realize new modes of social organization and interaction. Guerilla **Television**, on top of the information technology revolution, was an early advocate of questioning intellectual property laws, equating rigid control of information with outdated power structures preventing real cultural growth. Shamberg in the 'Meta-Manual' section of the book, writes essays about money as a leftover in the new information economy of the old product-based economy, the problems with the American edu-

cation system, the problems with print media, the rise of the service economy, and the symbioses of media to meet the demand of the information economy. Shamberg is critical of the ever-growing desire to know more, suggesting instead that to survive we ought to know differently.

Beyond critical essays in the 'Meta-Manual', the 'Manual' section contains practical ways to interact with video feedback. It contains examples from the Videofreex, People's Video Theater, and the Media Access Center, among others. Video becomes an analytical tool for interacting with the world, and like the motto for the **Whole Earth Catalog** that inspired Shamberg in writing *Guerilla Television*, we need 'access to tools.'

HANDBUCH FUER LEBENSKUENSTLER

By Jacques Massacrier, Benteli Verlag, Bern, Switzerland, 1974, ISBN: 3-7165-0136-2

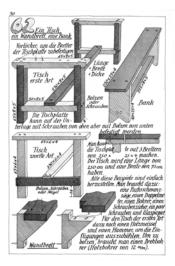


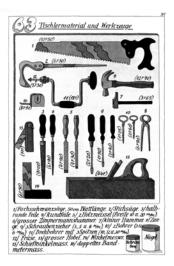
Jacques Massacrier, the author of this book, left his job and modern conveniences behind for a simpler, more ecologically sustainable life. He took his family with him where they explored the implications of their decision. Massacrier's book was initially published in French and can be seen in total here: savoir-revivre.coerrance.org/savoir-revivre.php. An interview with the author, and pictures of his family living in their new home are here: savoir-revivre. coerrance.org/paris-match.php

Translation of the back cover of the book provided by Sabine Horlitz:

More and more people give up their highly paid jobs in order to lead a simple and fulfilling life, somewhere in the countryside, on a lonely island, far away from civilization and its stress promoting achievements. Many have the wish, but most of the time the dream of a simple life stays only a dream throughout a rushed (or: hunted) life.

One of those, who got serious about it, is the 40 year old art director Massacrier. He sold his two-story condominium at the Seine along with the period furniture and two color televisions, along with the fully automatic kitchen and his own car. He gave the money to his mother, he conveyed the firm to his partner. He then settled out with his wife and two children to Ibiza, to a small farm.





This volume, illustrated by the author himself, summarizes in the form of simple instructions the daily experiences of a new form of life. A valuable book for all those, who want to get away from our industrialized consumer society lead a better life!

HEY BEATNIK! THIS IS THE FARM BOOK

By Stephen Gaskin, The Book Publishing Co., 1974, 104 pages, paperback, ASIN: B0006W3AZE

The Farm is a long running intentional community near Summertown, Tennessee, in the south central part of the state. It sits on 1700 acres and estimates of the current population range from 175-200 people. The Farm was started in 1971 by Hippies who migrated from San Francisco, making the trek in a large iconic caravan, to rural Tennessee. They were following Stephen Gaskin, a charismatic hippie whose "trips" – he later calls them "visions" – provided the spiritual connection that he and many others were looking for in building a place like the Farm.



This book, written by Stephen Gaskin after 2 years

of living at the Farm, gives you a good sense of the values and the activities of the people, at this point around 600, that lived there. The book chronicles their caravan, which took 7 months to land them in their current locale. It wasn't an easy journey and the book lays out some of the problems they encountered. It chronicles their growing awareness of farming and raising their own food, their interaction with neighbors, especially older farmers who they found out were an incredible resource of practical information about agricultural practices in the region.

The book encourages others to follow and make their own situations by sharing information and experiences in an open and direct manner. The book today is a study in the groundwork for an intentional community. Page 15 is devoted to enumerating exactly how many acres had to be used to generate the produce needed to sustain their population for one year. There are pages on raising horses, their communal system of banking, building methods, healthy eating, home birthing, and some idiosyncratic gems like "tripping instructions." This is not what you think and has nothing to do with drugs; those are are covered later in the book. Rather "tripping instructions" describe the interactions and relationships of Farm folks. The people of the Farm valued truthfulness, as they saw it, and challenging each other on their shortcomings. This page lets a visitor at that time know a little of what to expect from the people who lived there.

Large parts of Hey Beatnik! are written in Hippy-speak. Changing language to more accurately reflect a culture shift and create a revolution was a popular strategy at the time, and one held dear by the Farm community. The language shouldn't distract you from the very serious, and continuing, utopian experiment these folks undertook. The Farm is well known for many things, among them the incredible amount of work they have done on home birthing (see *Spiritual Midwifery* on page 31, by Ida May Gaskin). You can visit the Farm today. They offer classes in midwifery, permaculture, eco-village building and more.

This book was brought to our attention, and generously provided in PDF format, by Public Collectors: www.publiccollectors.org.

HOW TO BUILD YOUR OWN LIVING STRUCTURES

By Ken Isaacs, Harmony Books, 1974, 136 pages, spiral-bound, ASIN: B0006C58MM



This book is a beautiful guide about how to make a variety of flexible experimental indoor interiors, storage units, and a microhouse. The microhouse is a flexible creation of architect, Ken Isaacs. The modular design is based on stacked tetrahedrons, which can be moved in and around each other providing shelter and dividing living space in a creative way. The book gives you step-by-step instructions with plans

for many different versions of Isaac's original designs interspersed with ideas about simplicity, and getting rid of our personal possessions. The book is type written and spiral bound in a nice Do-It-Yourself aesthetic, and Isaacs writes in a genial manner as if he were sitting across the table from you. He muses on the philosophical meanings of surplus and uses the designs as a means of addressing life as whole; a simple place to raise a family and house extended family that has a low impact on the surrounding natural environment.





INFLATOCOOKBOOK

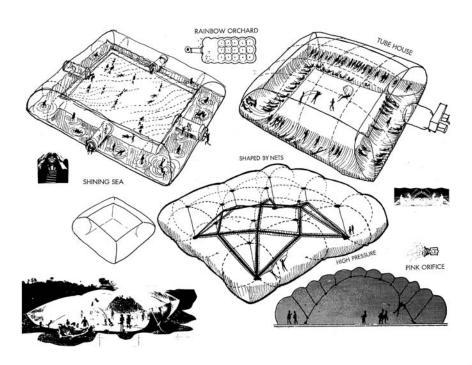
By Ant Farm, self-published, 1973 (second edition), paperback

According to Ant farm, inflatable structures can be used for creating temporary environments that serve as practical shelters from the elements, or more whimsical interactive spaces, and in some cases as both. Ant Farm began as an experimental think tank of architects to create new ways of designing shelters. They are better known now for the use of video in documenting their work, like *Media Burn* (1978), where they drove a Cadillac into a tower of burning televisions.

The *Inflatocookbook* is a great example of a self-published how-to book opening up the information for inflatable structures to anyone who wants it. Ant Farm starts readers out with the basic concept of



how to fill a plastic bag with air and moves up from there. Their detailed floor plan for the 'The World's Largest Snake' an inflatable media center in the shape of a giant rattle snake, is a fantasy idea of where the combined sensibilities of radical architecture and interactive media could go. The book is a useful combination of fantasy and technical information for exactly what materials you will need to get going on making your own inflatable structures.



THE JOURNAL OF THE NEW ALCHEMISTS

Edited by Nancy Jack Todd, The New Alchemy Institute, Woodshole, Massachusetts, 1971, 148 pages, paperback



"To restore the Lands, Protect the Seas, and Inform the Earth's Stewards," states the directive guiding the members of the New Alchemy Institute (NAI). The NAI – operating from 1971 - 1991 – researched and developed several influential sustainable design projects. Their research was informed both by a highly critical stance towards industrial agricultural practices and concern for living in balance with the environment. Enclosed systems for shelter and food production, systems that supported themselves were one of thier key interests. The NAI has evolved into the Green Center in Cape Cod, MS; their prescient original research is highly relevant today.

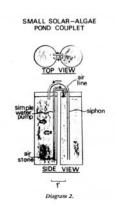
Nancy and John Todd, and Bill McLarney, founded the NAI. It became an international movement for science and lifestyles in harmony with natural ecosystems. Nancy Todd edited **The Journal of the New Alchemists** from 1973-1981. The issues are similar in to their book **The Book of the New Alchemists** (page 3). They present the issues and areas of research that the NAI was involved in, from bioshelters, and energy use, to the development of the Ark, a living house, and aquaculture system.

John Todd and McLarney, former marine biologists, pursued the research and development of multiple aquaculture projects: systems for growing fish for food. This issue of the Journal reports on the "Solar Algae Pond" project, which John Todd was developing in Massachusetts, while McLarney was working on the "Cage Culture" project in Costa Rica, an NAI outpost.

Another project was the Miniature Ark a prototype for future aquaculture projects. It consisted of three greenhouses, and a "closed-loop river." In the bottom

house, tilapia fish lived, eating and excreting. The top house processed the fish waste into nutritious fertilizer for the middle house where greens were grown. Todd and McLarney continued to improve on the prototype. The Solar Algae Ponds were single clear containers of water, fish and algae. The algae grows more with increased sunlight coming in on all sides of the clear container, and fish feed on the algae. The New Alchemists' publications contain articles written so that readers will understand the science, design, and environmental principles behind each project.

The folks at NAI wanted readers to reproduce their experiments. They were calling for a sea change. Their goal was to create alternative methods for feeding and providing shelter for the Earth's growing population. Some of the former members of the NAI continue to push their designs forward after many decades of hard work.



MODERN UTOPIAN: UP-DATED DIRECTORY OF COMMUNES

Double Issue: Volume 4, No. 3 & 4, Berkeley, California, 1970

The Modern Utopian is a magazine comprised of articles and resources for communal and intentional communities around the globe. It includes an exhaustive list of these communities' names and addresses. A few of them, such as Ant Farm (see their *Inflatocookbook* in this guide on page 17) or Drop City, were started by artists and have left a legacy of innovation in artistic, design, and counter-cultural practices. We include **The Modern Utopian** because of its painfully honest attempt at working through the complications associated with building an intentional community and sharing them so that others may learn. Some of the struggles seem naive to us today like "How to make a group marriage."



However, the openness and vulnerability needed to build a successful network of people working for change is apparent here and makes for an interesting read.

This journal includes articles and snippets about communes in Japan, the Netherlands, and the lost history of an Afro-Canadian commune that began as an outpost of the Underground Railroad. Stories of failed communities like Free Folk, "a small, rural anarchistic-type commune," or Sun Hill Community in Massachusetts are included as cautionary tales for starting your own intentional community. Free Folk fell apart, the author tells us, because of the many strong-willed individuals who had a hard time resolving conflict and overcoming unspoken resentment – a fate of many such social experiments. The editors collect lists of books and records that inspired them collaged next to letters from readers. The editorial group published directories of free schools, personal growth initiatives, nudist colonies, and social change networks under the title "Alternatives!" The Modern Utopian is similar to the Whole Earth Catalog, in how both connect individuals to larger movements and information. It is included in the Library because it is a poignant and diverse example of the way social change networks were being built.

LIVING THEATRE ACTION

The structure is crumbling, All of the institu-tions are feeling the tremors. How do you respond to the emergency? For the sake of mobility The Living Theatre is dividing into four cells. One cell is currently located in Paris and the center of its orientation is chiefficultied. located in Farus and the center of its orientation is chiefly political. Another is located in Berlin and its orientation is environmental. A third is located in London and its orientation is cultural, A fourth is on its way to India and its orientation is spiritual. If the structure is to be transformed it has to be attacked from many sides. This is what wa are seeding to do. what we are seeking to do.

what we are seeking to do.
In the word to doay there are many movements seeking to transform this structure—the Capitalist—Bireauratic—Military—Authoritarian—Police—Complex—Into its opposite : a Non-Violent—Communal—Organism. The structure will fail if if's pashed the right way. Our purpose is to lead our support to all the forces of liberation. But first we have to get out of the trap. Buildings between the capitalist of the complex of the capitalist of the

to those who can afford to get in; all buildings are property held by the Establishment by force Because the life he leads at work and out of



 Because inside they speak in a code of things which are neither interesting to him nor in his interest

tion anymore. It is out front clear that all institu-tions are rigid and support the Establishment. After 20 years the structure of The Living Theatre

nad become institutionalized. All the institutions are crumbling. The Living Theatre had to crumble or change its form.

HOW DO YOU GET OUT OF THE TRAP?

Liberate yourself as much as possible from dependence on the established economic system. It was not easy for The Living Theatre to divide its community, because the community was living and working together in love. Not dissensate, but revolutionary needs have divided us, A small group can survive with cunning and daring, it is now for each cell to find means of surviving without becoming a

consumer product.

2. Abandon the theatres. Create other circumstances for theatre for the man in the street. Create circumstances that will lead to Action which is the

highest form of theatre we know. Create Action.
3. Find new forms, Smash the art barrier, Art is 3. Find new forms, Smash the art barrier, Art is confined in the jail of the Establishment's mentality. That's how art is made to function to serve the needs of the Upper Classes. If art can't be used to serve the needs of the people, get rid of it. We only need art if it can tell the truths othat it can become clear to everyone what has to be done and how to do it.

THE NEW WOMAN'S SURVIVAL CATALOG

Kirsten Grimstad & Susan Rennie, eds., (Berkeley Publishing Company:1973, New York), 212 pages, paperback, SBN: 698-10567-2



The New Woman's Survival Catalog is a guide book for what was the burgeoning feminist movement. The editors concieved the catalog as a tool for developing an "alternative woman's culture." The book is similar in style to the Whole Earth Catalog and numerous other movement builing tools published at this time, but it is directed at specifically feminist infrastructure projects. The editors highlight womenrun presses, bookstores, law firms, credit unions, and media outlets, as well as books and art made by and for women. Chapters include: "Communications, Art"; "Self-Health"; "Self-Defense"; "Work and Money"; "Building the Movement"; and "Getting Justice." In each chapter, descriptions with addresses

and contact information are included so that a reader may contact their desired resource. Today this provides an historical document of the reach, diversity and scope of the second wave feminist movement. For instance, there are a handful of feminist women's health centers in operation today, but the "Self-Health" chapter includes addresses and descriptions of feminist health initiatives in several parts of the United States.

Feminist projects are highlighted throughout each resource section. The Feminist Studio Workshop, home to celebrated artists Arlene Raven, Shelia de Bretteville,



and Judy Chicago among many others, is featured as an example of culture shaping feminist art practice. The Chicago Women's Graphics Collective is also featured in the Art chapter, with additional pieces by the collective illustrating numerous other sections of the book. The Graphics Collective formed out of the Chicago Women's Liberation Union in 1970. The Self-Defense section focuses on rape highlighting the Feminist Karate Union, an organization in Seattle, Washington that taught martial arts to women. Cartoons illustrating self-defense techniques are also included in this section, with tips for defending yourself if you are hitchiking.

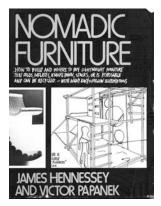
The New Woman's Survival Catalog is now an excellent historical resource documenting what was a national movement for social change and the rights of women.

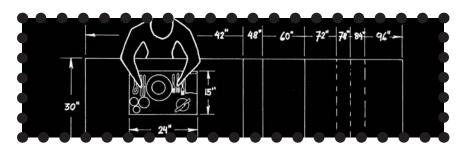
NOMADIC FURNITURE

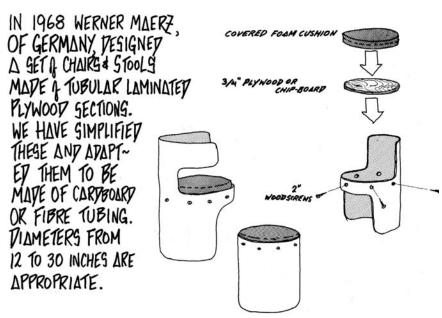
By Victor Papanek, Pantheon, 1973, 149 pages, paperback, ISBN: 039470228X

Nomadic Furniture is a simple how-to book based on conscious design and creative materials. A design professor and an industrial designer wrote the book for those with a modern nomadic lifestyle. Much of the designs in this book are made with cardboard, light wood, or innovatively reused materials. All the designs are economical and creative. The authors relate their own experiences with the use of the designs, as well as how one might incorporate them in day-to-day life.

The book covers everything from how to make a bed to building a child's car seat from cardboard. It provides detailed measurements and descriptions of the tools you will need to build the items in the book.

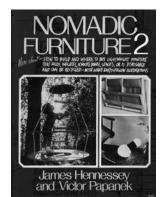






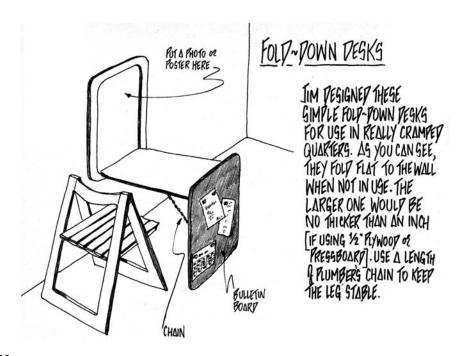
NOMADIC FURNITURE 2

By James Hennessey and Victor Papanek, Pantheon, 1974, paperback, 153 pages, ISBN: 978-0394706382



The second volume of *Nomadic Furniture* is every bit as engaging as the first. This volume contains projects from hanging lamps to kitchen tools to various kinds of folding and adjustable chairs. Highlights include instructions on how to make playgrounds from old car tires as well as elaborate and abstract rope and wood tree houses for children. The authors of both volumes want readers to make the projects in the books as well as use them for inspiration on original creative projects. They even provide many blank pages at the end of each volume to make your own notes.

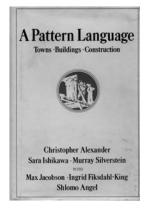
WE PEPICATE THIS BOOK TO ALL OF YOU WHO ARE STILL CHOOSING INSTEAD OF THINKING YOU KNOW, TRAVELLING INSTEAD OF FEELING YOU HAVE ARRIVED, FINDING YOURSELVES INSTEAD OF GETTLING DOWN.



A PATTERN LANGUAGE — TOWNS • BUILDINGS • CONSTRUCTION

By Christopher Alexander et al, Oxford Unitversity Press, 1977, 1171 pages, hardcover, ISBN: 978-0-19-501919-3

A Pattern Language came out of research done primarily at the Center for Environmental Structure at the University of California, Berkeley, with supplements from international researchers. The authors hope the book will "lay the basis for an entirely new approach to architecture, building, and planning, which [they] hope replace existing ideas and practices entirely." The book was written over eight years and encompasses many of the themes contained in the Library as a whole: collective living, self-education, environmental design, and communities of all ages. The titles of some of our favorite chapters are: "Network of Learning"; "Old People Everywhere"; "Children in the City"; "Common Land"; "Adventure Playground"; "Sleeping in Public"; "Hierarchy of Open Space"; and "Light on Two Sides of Every Room."



The architects and urban planners who wrote this book examined patterns in city spaces, housing design and social interactions. The book is based on their findings, with hope that people would use the patterns to re-build their own lives. They want readers to use the patterns as guides for bringing about changes through the creation of new spaces and new ways of interacting socially.

The book is thorough in its examination of the organizational structures of modern human society. It moves from states and towns down to the amount of windows a room should have for proper harmony in living. It covers most aspects of the built environment. The author's hope not that people will presume these patterns are a law unto themselves, but use them as a template for self-education to build the way they want to live rather than relying on professional architects and planners.

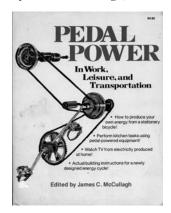


81 SMALL SERVICES WITHOUT RED TAPE*

Departments and public services don't work if they are too large. When they are large, their human qualities vanish; they become bureaucratic; red tape takes over.

PEDAL POWER IN WORK, LEISURE, AND TRANSPORTATION

By James C. McCullagh, Rodale Press, 1977, 144 pages, paperback, ISBN: 978-0878571789



This book is a fascinating overview of the history of pedal power, used in building ancient monuments, personal transportation, pumping water from wells and pumping air for deep sea divers, grinding grain, spinning yarn, and more. The authors present the background material as inspiration for modern applications. They ask us to return to simpler technology to do some of today's mechanized tasks. To this end, there are many detailed plans on how to adapt electrically powered tools and devices to pedal power. With the author's instructions, you can make a pedal-powered television or generate electricity for your home, and there are at least two varieties of pedal-powered washing machines. More whimsical are the in-

structions for making a bicycle that you can ride on railroad tracks. However, there are some rather ridiculous ideas too, the most absurd being the two-person pedal-powered plow. You can see the futility and inefficiency of the device in the illustrations. The varieties of creative uses, practical and impractical, for energy generated from pedal power make this book so terrific.

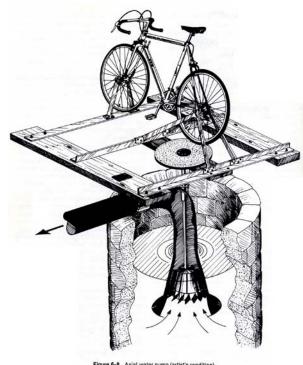


Figure 6-8 Axial water pump (artist's rendition)

RADICAL SOFTWARE, "THE TV ENVIRONMENT," VOLUME 2, No. 2

Edited by Beryl Korot and Ira Schneider, Gordon and Breach, 1973, 64 pages, stapled binding

The magazine <u>Radical Software</u> was a project created by Beryl Korot and Phyllis Gushuny in 1970. It was a grassroots effort to provide a critical stance on the way information was disseminated. The Raindance Foundation, of Guerilla Television, a loose collective of video producers, ultimately became responsible for the publication after the first issue.

The second issue "The TV Environment," edited by Ira Schneider and Beryl Korot, focuses on the TV watchers, TV salesmen, TV servicemen, and the content – who and what is on TV. The contents of this publication are presented in a collage fashion, combining photos taken directly from the television screen with interviews, a reader can see images of



popular television personalities next to a housewife who consumes these programs. This aesthetic decision creates a visual example of how the folks at <u>Radical Software</u>, hoped to break down the hierarchies of information dissemination with their 'feedback' loop.

Some of the highlights in this issue include an interview with Louis Priven about his favorite television programs, which include all the cartoon shows he can watch before his bedtime at 7:30pm, and quotes from televangelists, including a young Jerry Falwell (one of television's most hateful, divisive Christian voices), who is happy to welcome TV viewers to a Sunday School blessing. Don't forget to check out the 'behind the scenes' interviews with TV salesman Bernie Eckstein, and TV serviceman George Dunn. This is early do-it-yourself media analysis at its best.

All the issues of Radical Software can be downloaded at www.radicalsoftware.org.

TALK SHOWS

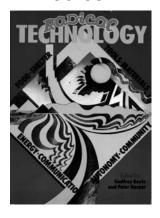


The Tonight Show Starring Johnny Carson

The Mike Douglas Show

RADICAL TECHNOLOGY

Edited by Peter Harper, Godfrey Boyle, and the editors of Undercurrents, Pantheon Books, 1976, 305 pages, paperback, ISBN: 0-394-73093-3



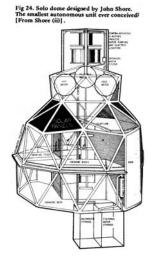
Divided up into seven sections – Food, Energy, Shelter, Autonomy, Materials, Communications, and Other Perspectives – *Radical Technology* is a "book about technologies that could help create a less oppressive and more fulfilling society."

The editors are opposed to big business, and large-scale production advocating instead the power of local economies and self-education. They define technologies as tools for creating small, home, and local economies. To this end they give practical information, called 'recipes' about how to build things like a small scale water supply, biological sources of energy, a paper mill, textiles, housing, even shoes out of car tires to name a few.

Beyond the 'recipes,' *Radical Technology* also tries to illustrate the intangibles created by the use of these small-scale technologies. Clifford Harper contributes

beautiful illustrations of what the social relationships that could change in this society of autonomy might look like on an everyday basis. The editors comment on the difficulty and the importance of showing the intangibles, because however easy it is to give instructions for building a machine to harness wind power or start an organic garden, it is another to show reasons why to do it. The book articulates this as a difference between hardware-tools, machines, etc., and software-'social and political structures, the way people relate to each other and to their environment, etc.'

One of our favorite articles in the book was the "house, which generates its own energy." *Radical Technology* offers great ideas for environmentally sustainable design, and the house is one of them. Found in the Autonomy section of the book, it is a response to the ecological crisis with a way to



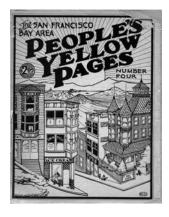
have control, through design, over large-scale resource depletion. This section articulates an important theme running throughout the book: "For many people, autonomous houses represented the technical realization of the political or existential autonomy that is ...not just having legal or social control over one's destiny but having one's hands on the hardware." The authors consider both rural and urban living in their discussion of environmentally sustainable shelters.

Radical Technology "[encompasses] much that is meant by 'alternative technology' but sees these new, liberating tools, techniques and sources of energy as part of a restructured social order, and aims to place them directly in the hands of the community."

THE SAN FRANCISCO. BAY AREA PEOPLE'S YELLOW PAGES: NUMBER FOUR

Made and distributed by Mary Donnis, Sally Harms, Winifred Mullinack, Joan Saffa, Diane Sampson, and Jan Zobel, 1975, 193 pages, paperback

What do the Turnabout Thrift Shop (secondhand clothing), Theater of Spontaneity (psychodrama workshop), Childcare Switchboard/Single Parent Center, Lesbian Voices (a newsletter), Black Sheep Press (printing services), and Join Hands (a prison reform support group for gay men in prison) have in common? They are all listed along with a dizzying number of other resources in the 1975 issue of *The San Francisco, Bay Area People's Yellow Pages*. The guide compiled by a six-member all-women collective, bills itself as a counter-cultural resource. It is that, but the counter-culture qualifier perhaps ignores the fact that the guide book functions as a thorough resource for the needs of those marginalized by mainstream capitalist culture.



The women collected a comprehensive array of resources from drug-treatment programs, affordable dentists, and access to local food sources, to organizations



resisting the Vietnam War, and art collectives. Reading this guide today gives one the sense of a powerful collective imaginary for how a city could be organized for the people that live there.

Guidebooks to connect people to the resources in their area were essential part of the counter-culture as people realized a movement could not happen without a coherent visualization of interrelated efforts. Books of this kind could be found in most communities in the late 60s and early 70s. These books ranged the spectrum from basic contact information for businesses and people like the *The San Francisco, Bay Area People's Yellow Pages* and *Earthworm II* (page 9), which are impressive in their aggregation of radical activity, to the large catalogs

and counter informational guides like the well known Whole Earth Catalog and the feminist health resource Our Bodies, Ourselves. The latter publications included resources but sought to be more comprehensive and reach beyond the local, included essays, how-to information, books and national resources. In this vein the folks at the Whole Earth Catalog would go on to start the Whole Earth 'Lectronic Link, or the WELL, an early internet message board community. Peruse the The San Francisco, Bay Area People's Yellow Pages, and other books of its kind, to get excited about all the networks and projects you might form in your own community as you work to build up your own radical culture.

SHELTER

By Lloyd Kahn, Shelter Publications, 1973, 176 pages, paperback, ISBN: 0394709918

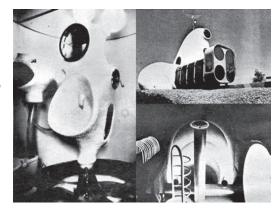


Shelter is a catalog of construction methods for living spaces from around the world. The book focuses on homes that are creatively designed, often highlighting nomadic structures, or structures that consider the ecology of place. Its pages include everything from the unbelievable Cones of Cappadocia in Turkey – homes carved into dramatic cones of rock that jut out of the earth – to the Yurts of nomadic people from Mongolia to Iran. It is both an anthropological investigation of how people houses themselves and a call to live closer to ones immediate environment. The book is a great collection of images but also includes articles with environmental builders, including tips on using found or recycled materials in the creation of your own habitat. Fa-

mous hippie settlements like Drop City, and houses built onto the chassis of trucks or buses for easily driving from place to place, are well documented in this book. There is a lot of information about building geodesic domes – this book is clearly inspired by Buckminster Fuller and the **Whole Earth Catalog** (biannual from 1968-1972 and sporadically until 1998, "Its purposes were to provide education and 'access to tools' in order that the reader could 'find his own inspiration, shape his own environment, and share his adventure with who[m]ever is interested.' Wikipedia) It is an inspiring book, showing that it is possible to live with greater variety, intentionality, addressing our responsibilities to the environment with our habitats.



The House of the Century is what designers Doug Michels, Chip Lord, and Richard Jost call this ferro cement weekend house they built for Marilyn and Alvin Lubetkin on a small private lake near Houston, Texas. Doug, Chip and Richard were friends of the owners, and no restrictions were placed on design or construction. Said Marilyn Lubetkin: "I just knew we would get their very best...It was a trust-a total trust, and I just knew that it was going to be great from the beginning." The following construction details are reprinted from the 6/5/73 Progressive Architecture:



SPACE CITY!

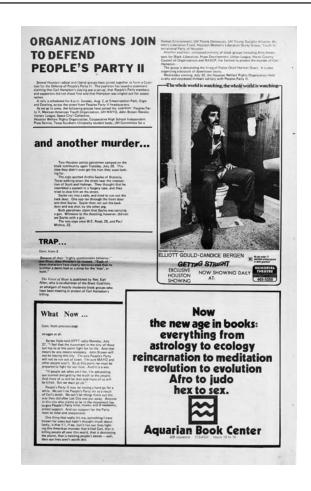
Volume 2, Number 5, August 1-21, 1970, Houston, Texas

Space City! was a radical newspaper published in Houston, Texas from June 5, 1969 to August 3, 1972. It was first published under the title **Space City News**, but the publishers were threatened with a law suit by NASA, which held a copyright on that name. The paper was founded by members of Students for a Democratic Society who had been involved with another newspaper called **The Rag**.

Additional covers of the paper can be seen here:

www.scarletdukes.com/st/tmhou press3.html





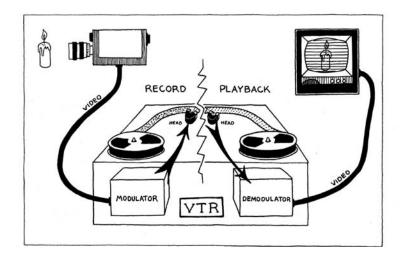
SPAGHETTI CITY VIDEO MANUAL

By Videofreex, Praeger Publishers, 1973, 116 pages, hardcover, Library of Congress Catalog Card Number: 73-6976



The *Spaghetti City Video Manual* was written by the Videofreex media collective based in New York state in the early 1970s. This book is the radical's guide to do-it-yourself video, which maintains a non-hierarchical approach to information dissemination. David Cort, Curtis Ratcliff and Parry Teasdale, were the founding members of the group, meeting each other at Woodstock in 1969. Originally based in NYC, where the group produced programming about the counterculture for CBS, the crew soon gained members and moved to upstate Lanesville, NY. Though the CBS content never aired, the money allowed the 10 member group to purchase equipment which they made available to people through their underground tele-

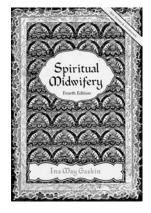
vision station and their Media Bus Project, which toured New York state teaching people how to use the new technology. The Videofreex's model of programming was unique because it allowed viewers to call in and "request" the content that would appear on the airwaves. The Videofreex produced hours of content including interviews at women's liberation rallies, with the Black Panthers, especially Black Panther Fred Hampton who was later gunned down by Chicago police, about the Chicago 6 who were falsely accused of starting riots the police initiated, and with young people trying to build a Buckminster Fuller dome, all among a multitude of other important figures and happenings from the New Left. These experiments in creating networks of media producers and the *Spaghetti City Video Manual* reflected the Videofreex's commitment to sharing how to use this new technology with the public. It is an exercise in challenging and changing relationships of power; the medium is the message in the Porta-pak revolution.



SPIRITUAL MIDWIFERY

By Ina May Gaskin, Book Publishing Company, 1976, 480 pages, paperback, ISBN: 1570671044

Spiritual Midwifery, now in its fourth printing, is a must read for students of midwifery but it is also an influential history of the counter culture. Ina May Gaskin and her husband Stephen Gaskin are founding members of The Farm in Summertown, TN, one of the longest running communes in the United States. The Farm was founded in 1971. Ina May published Spiritual Midwifery in 1975 to document the beginning of the Farm and the development of a successful out-of-hospital birth center, one of the first in the US. The book describes how the Farm was settled and how soon after there was a need for safe and secure medical care for pregnant and birthing women. The Farm midwives learned how to be midwives out of necessity. An understanding local doctor aided them along



with their education. The midwives have gone on to deliver thousands of babies and are still practicing today.

The majority of the book is a collection of birth stories from the women of the Farm. The fourth edition has added birth stories from the old Amish families near the Farm whom some of the midwives worked with, and birth stories from people who came to the Farm just to give birth. The book also includes a practical section for midwifery students with how-to skills infused with the Farm philosophy of home birth.

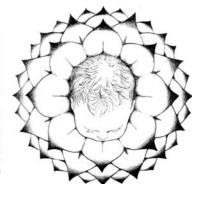
Gaskin's writing makes this book special, particularly in the way she frames the material. Although she never set out to be a midwife, she pays close attention to the way words affect how women perceive not only labor, but also their bodies in general. In the book, she weaves a powerful history of a group of people creating their own place in the world, calmly and peacefully, and how communication through specific language and touch plays a vital part in the success of their endeavors. There are also amazing photos of women giving birth.

Lyle

arilyn: When I started pushing, it was with my whole thing. With the first push, the water bag broke and got Kathryn in the face. We laughed. "See, you didn't need us to do it," the midwives said. Douglas held up a mirror for me to see my vagina and I was amazed. It looked very psychedelic, like

the big pink petals of a flower opening up. It was really beautiful. It surprised me and I felt like I had a new respect for my body.

I remembered and told everyone how the story of Buddha says he was born from a lotus blossom. Everybody, every Buddha, is born that way. Just a few pushes later he came out, all purple and yelling. He was beautiful, real strong and healthy-looking. I was really grateful to see him. I wanted to hold him right away but I still had to get the placenta out and both of us had to get fixed up. I kept looking at him. He was right there. I was awake all night, too energized to sleep, and whenever I'd think, "How is he? Is he okay?" he'd open his eves and look at me.



WE ARE EVERYWHERE

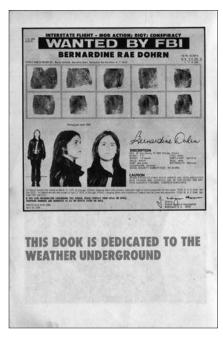
By Jerry Rubin in the Cook County Jail, Harper Colophon Books, 1971, 255 pages, paperback, SBN: 06-090245-0



We Are Everywhere, written by Jerry Rubin while in the Cook County Jail, is a bit of a departure for the Library. It isn't a direct "how-to" manual in the ways that the other books we have included are, rather it is a celebratory book chronicling an emerging counterculture. The book was written to share ideas openly and freely. Rubin was part of the Chicago 7 arrested after mass protests at the 1968 Democratic National Convention in Chicago. He wrote the book at a time when he and others were witnessing the birth of our control society. This book joyfully enumerates and celebrates an emerging militant, resistant counter culture. It is part manifesto and part document of the emergence of a movement.

The book's design is also a point of interest for us. Rich and dynamic, we are sure that it was intended to be read while under the influence of some psychotropic substance. The colors change on every page. They jump back and forth from background to frame to text, alternating with one another. The pages alternate between purple, yellow, red, green and pink. The same colors appear as strips, bands or frames, sometimes texts, on various pages throughout.

Here is the tantalizing description of the book on the back cover:



We Are Everywhere is Jerry Rubin's journal, written secretly in Cook County Jail and smuggled out. Jerry is a convicted felon, Yippie, enemy of the state, pothead, seven-year-old child and author of the revolutionary manifest Do It! We Are Everywhere reveals a defendant's inside view of The Conspiracy Trial. Written like a scenario, this book focuses on the Weatherman underground, the Black Panther Party, LSD, Women's Liberation, Walter Cronkite, Judaism, street fighting and the coming revolution. A color layout including more than one hundred and fifty pictures takes you on a multi-media trip, revealing the emergence of a new people.

We are really happy to share this gem of counterculture history and radical design with you! We would like to thank the following people for their generous support in sharing books and ideas for the Library:

Dara Greenwald (1971-2012) and Josh MacPhee who shared their own collection of books from this time period with us; Monika Vykoukal for giving us a copy of *Garbage Housing*; Heather Ault for *Getting Clear:Body Work for Women* and *The New Woman's Survival Catalog*; Sarah Lewison for loaning *How to Build Your Own Living Structures and Domebook 2*; Sabine Horlitz for translation on *Handbuch für Lebenskünstler*; and Public Collectors (Marc Fischer) for scanning support and general sharing of titles.

Library Guide
4th Edition • 2013
current: www.mythologicalquarter.net
archive: www.letsremake.info